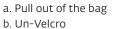


DonJoy X-Act ROM[™] Lite APPLICATION INSTRUCTIONS



Initial Preparation





c. Roll out the brace



Align first upright



a. Centered midline to the leg and midline to the patella



Position additional upright



- a. Position and press into place
- b. Be sure hinges are at equal height



Position Brace



a. Position under the leg.b. Shorter upright is applied to the thigh



Foam liners



a. Begin with upper calf linerb. Wrap additional liners snuggly around the leg



Strapping



a. Pull all slack out of straps b. Loop through the D-rings and fasten the 2 straps closest to the knee i. The upper calf being first

c. Secure additional straps





DonJoy X-Act ROM[™] Lite APPLICATION INSTRUCTIONS

Hinge

Adjustments to be made per physician protocol



• Adjust flexion and extension by pressing in the corresponding buttons and positioning to the desired Range of Motion setting

 \bullet Quick Lock feature allows for quick and easy locked settings of 0°, 15° or 30°

Uprights



- Telescope to desired length by depressing the slider button until the desired length is reached
- Ensure that both sides are equal in length

Straps



- "Y" Velcro strap ends allow for easy length adjustments
- Cut to desired length

Tips

- Perform preliminary fitting prior to surgery whenever possible.
- Fit to patient with the brace in a locked out position.



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