

BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

### SIZING:

#### Size the Brace

Begin by measuring the circumference of the patient approximately 1" (2.5cm) above the widest part of the hips. Then, match the patient's size to the sizing chart below. If patient's circumferential measurement is between sizes, select the larger brace.

SIZE	CIRCUMFERENTIAL MEASUREMENT
S/M	Less than 48" (122 cm)
L/XL	49" - 60" (125 cm - 152 cm)

**NOTE:** It is not uncommon for the patient to experience post-surgical swelling, followed by weight loss (10-20+ lbs/4.5-9.1 kg). The LO+ brace is designed with two (2) adjustable belts which can be easily sized to achieve optimal fit.

### FITTING:

#### Adjust Circumference

Align the tip of the hook and loop attachment on the rear panel section. Repeat for opposite side. (Fig. A) The pull tab may be oriented on either the right or left side of the patient. However, the loop exterior with the donning mitt should be secured on the opposite side of the pull tab.

### APPLICATION:

#### Step 1. Loosen the Brace

Loosen the brace by detaching the pull tab from the loop exterior. Pull the brace in opposite directions (Fig. B)

#### Step 2. Position the Brace

Place the belt about one inch above the widest part of the hips. Center the rear section of the belt at the midline of the lower back, so that the belt is just above the crease of the buttocks. (Fig. C)

#### Step 3. Secure the Brace

Secure the hook portion of the donning mitt to the loop exterior. (Fig. D) Before tightening the brace, make sure the rear panel section is positioned evenly on both sides of the patient. Have the patient slip their thumbs through the holes in the pull tabs and pull the tabs away from the body. Secure the pull tabs to the loop exterior. Adjust compression as needed. (Fig. D)

#### Helpful Tip: Brace Migration

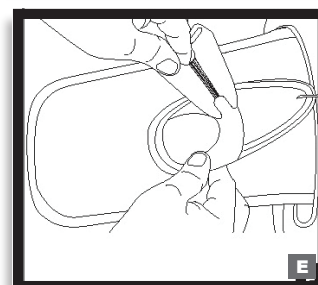
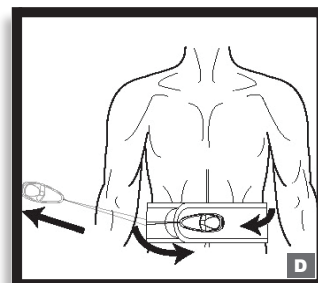
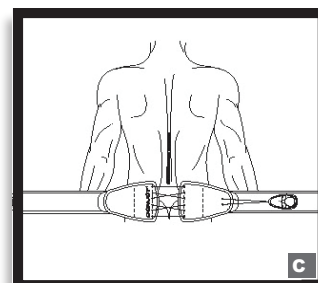
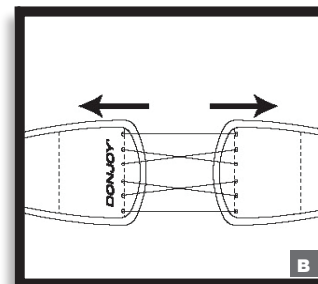
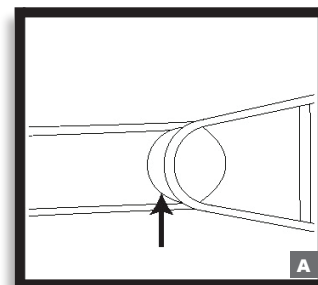
To reduce brace migration when the patient sits and stands – remind them to follow these easy steps. Before sitting, loosen the brace by detaching the pull tab from the loop exterior. Once seated, tighten the pull tab by pulling it across the body and adhering to the loop exterior. When patient stands up, readjust.

#### Brace Removal

To remove the brace, **first** loosen it by detaching the pull tab from the loop exterior. Then unhook the donning mitt from the loop exterior and take off the brace.

#### Brace Re-application

When reapplying the brace, it is easiest to guide the belt by inserting a hand in the donning mitt pocket.



**USE & CARE INSTRUCTIONS:**

Hand wash in cold water, less than 86°F (30°C), using mild soap. Air dry.

**NOTE:** If not rinsed thoroughly, residual soap may cause irritation and deteriorate material.

Do NOT iron.

Do NOT tumble dry.

Do NOT bleach.

**INTENDED USER PROFILE:**

The user should be able to: Read and understand the directions, warnings and cautions.

**INTENDED USE/INDICATIONS:**

Designed to protect and stabilize the lower back and help provide support and pain relief for Sacroiliac pain, Dysfunction, Lower back pain, Sprains/strains, Pubic symphysis separation, Pubic symphysis ruptures.

**CONTRAINDICATIONS:**

Pulmonary, cardiovascular or skeletal conditions which have risk to be made worse as a result of compression and/or pressure, unstable, displaced fractures.

**WARNINGS AND CAUTIONS:** If you experience any pain, swelling, sensation changes, excessive discoloration, irritation to the skin or any unusual reaction while using this product, consult your medical professional. If any distortion of the support panels, fraying or deterioration of lace cables is noticed, discontinue use. Brace is intended to be worn over clothing. Brace should be appropriately sized to the patient to ensure proper support and function. If the brace does not fit properly, it may be adjusted by a healthcare professional. Care should be taken with patients, especially the elderly, not to apply the brace too tightly, which MAY cause excessive pressure. Patients should be instructed on appropriate tensioning during ongoing use. Patient should see a healthcare professional for a replacement if a product quality issue occurs within the warranty timeframe. Brace should not be exposed to moisturizers, chemicals, or solvents, as they may affect durability.

**MATERIAL CONTENTS:**

NYLON, POLYESTER, POLYURETHANE, POLYETHYLENE, COTTON, ACRYLIC, POLYPROPYLENE, SILICONE, SYNTHETIC  
NOT MADE WITH NATURAL RUBBER LATEX

**WARRANTY:**

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale. To the extent the terms of this warranty are inconsistent with local regulations, the provisions of such local regulations will apply.

**RX ONLY. INTENDED FOR SINGLE PATIENT USE.**



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